

HELLO

I am an experienced personal chef offering pick-up meal prep services to clients in Monte Rio and surrounding areas.

I have been cooking for over 20 years and have worked in Michelin starred and top-rated restaurants in St. Louis and San Francisco. Now, as a personal chef I get the luxury of providing delicious quality meals to individuals, their friends and family, which I deeply enjoy. I have multiple clients locally and in the Bay Area, and I would be happy to provide references!

Allow me to prepare weekly meals for you where I do all the cooking in my own home (you don't have the mess!), I package the meals up in containers for you to pick up on your designated day. You'll go home with everything you need to know to put these delicious meals on your table to enjoy!

HOW IT WORKS

- Choose a standing weekly booking, or select which week(s) you want my service
- Date and menu must be finalized 72 hours in advance of desired pick-up date, and pick up is available from my home in Monte Rio any day Monday – Friday
- You can let me know a menu you would like that we can work together on, or I can give you many tasty suggestions and provide the added element of surprise
- You will pick up your fresh home-cooked meals that are ready to heat up and serve for the week, or to freeze for later
- For sustainability I use glass or metal containers, so you can drop off the empty containers when you pick up your next week's meals or drop them off any time if you're skipping a week. You can even bring them back dirty, and I'll do the dishes!

PRICING AND PAYMENT

My fee is \$160/week plus the cost of groceries* for 3-5 complete meals able to feed 2-4 people depending on the complexity. If you need additional or larger meals, we can discuss further costs!

*The cost of groceries is additional and is based on actual receipts. I will do the shopping for you at no extra charge! Typical pantry items like salt/pepper/oil/flour are included.

Half of the weekly fee (\$80) is due at the time of booking, and the other half (\$80) plus the cost of groceries is due upon pick up. I accept Venmo or PayPal for payment.

If you have any questions not answered here, please contact me via email at leslie_lalumondiere@yahoo.com, and I will respond within 24 hours.

I am so excited to work with you!